

SOUTH ISLAND ICE SKATING SUB ASSOCIATION INC.

2004 REQUIREMENTS

Competition to be held at Gore Multisports Complex, Gore, hosted by Icesports Southland, 14 - 15 August 2004

SINGLES SKATING

Senior, Junior, Novice, Intermediate, Primary, Pre-Primary and Juvenile grades: As per Nationals Announcement. There will also be a **Juvenile 12 & Over** grade added. The requirements will be the same as Juvenile Under 12.

Elementary Grade:

Skaters must have passed Elementary Freeskate test but no higher.

Skaters skate one freeskate programme not exceeding 2 minutes 15 seconds, which must contain the following elements, but may contain other elements giving a balanced Freeskate programme:

- a) Choice of one of loop, flip or lutz
- b) Combination jump of any two single jumps
- c) 1 foot spin (5 revs)
- d) Back Spin (3 revs)
- e) A spiral or step sequence covering the length of the ice

N.B: If there are more than 16 entries this grade will be divided according to age.

Pre - Elementary Grade:

Skaters must not have passed any Freeskate medal tests.

Skaters skate one freeskate programme not exceeding 2 minutes 15 seconds, which must contain the following elements, but may contain other elements to give a balanced Freeskate programme:

- a) Waltz Jump
- b) Salchow
- c) Jump Combination consisting of two single jumps (Optional)
- d) Toe Loop
- e) One foot spin (3 revs)
- f) Simple step sequence (half the length of the ice)
- g) 2 spirals of own choice

N.B: If there are more than 16 entries this grade will be divided according to age.

PAIRS SKATING

Senior, Junior, Novice, Primary, Pre-Primary and Juvenile grades: As per Nationals Announcement

Pre-Elementary Grade:

Skaters must not have passed any Pairs tests.

Skaters will skate a well balanced Freeskate programme not exceeding 2 minute 15 seconds.

DANCE

All Grades: As per Nationals Announcement

South Island Dancing Trophy:

This is open to all Dance couples (one male and one female)

Required Dance: Foxtrot

MASTERS

All Grades: As per Nationals announcement

SYNCHRONISED SKATING

All Grades: As per Nationals Announcement